Write about the following topic.

***Modern forms of communication such as email and messaging have reduced the amount of time people spend seeing their friends. This has had a negative effect on their social lives.***

***To what extent do you agree or disagree?***

Give reasons for your answer and include any relevant examples from your own knowledge or experience.

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In my opinion, people often use email or message to keep in touch with friends. However, they certain don't reduce the time people spend with their friends.

On the one hand, people spend less time to meet friends because the convenience of technology. In the past, they could arrange to meet up with friends to chat. But now, they can send messages online to many app such as Zalo, Messenger, Gmail,… As result, they save many time to meet up and to do other their work.

On the other hand, technologies help them easier than to stay in touch with their friends, their family live far away. In the past, they may have been difficult and expensive to communicate with friends who lived far or lived in different countries. But now, they can send messages or make video calls to keep in touch with many people all around the world. The lead to help to maintain social relationships, despite the long distance.

Furthermore, modern forms of communication can also increase social activities. For example, people can plan events, vacations or share photos and videos about their experience with friends. This can make together and create beautiful memory.

In conclusion, modern communication technologies have changed the way people talk to their friends, they don't necessary decrease the amount of time people spend chating them. That's the good thing that technology has given.